

# PEPTIDE RECONSTITUTION

**1. Let vials warm up**

Take both the peptide vial and the bacteriostatic water out of the fridge. Let them sit at room temperature for 30 minutes.

**2. Clean the tops**

Wipe the tops of both vials with alcohol pads.

**3. Draw and inject air**

Use a sterile syringe with a large needle. Pull 1mL of air into the syringe and inject it into the water vial. This helps avoid pressure build-up.

**4. Draw the water**

Withdraw desired amount of bacteriostatic water. (Usually 1mL depending on dilution needed. Make sure to calculate the amount of Bacteriostatic water needed before this step).

**5. Inject the water into the peptide vial**

Slowly inject the water against the inside wall of the peptide vial. This helps prevent bubbles and foaming.

**6. Let it mix naturally**

Let the peptide dissolve on its own or gently swirl it. Do not shake or tap the vial.

**7. Store in the fridge**

Keep the reconstituted peptide in the fridge. Not required for Bacteriostatic water.

